



## Plans in Full Swing for the Richmond 2020 55+ BC Games

The countdown is officially on. The Richmond 2020 55+ BC Games will be held September 15 - 19, 2020. The Richmond Host Society is hard at work building on the success of the 2019 55+ BC Games where over 4,000 participants attended.

Participants will be impressed by the diversity of sport choices offered. Richmond has announced the following 28 sports that will be included in the 2020 55+ BC Games:

8-Ball	Darts	Ice Curling	Stirling
Archery	Dragon Boat Racing	Karate	Swimming
Badminton	Five-Pin Bowling	Lawn Bowling	Table Tennis
Bocce	Floor Curling	Pickleball	Tennis
Bridge	Golf	Slo-Pitch	Track & Field
Carpet Bowling	Hockey	Snooker	Trapshooting
Cribbage	Horseshoes	Soccer	Whist

“A century ago, “The Roaring Twenties” was the dawn of a new age. Now 100 years later, we invite all to come to Richmond to celebrate the dawn of the “Roaring 2020 “. Welcome in a new era of innovation, opportunity and excitement. Feel the sheer joy of living life to the full.” Jim Lamond, President of the Richmond 2020 55+ BC Games Society, invites all those in BC over 55 to “Come play in Richmond’s superb sports facilities in a supportive, diverse community. We welcome all of B.C. to come and enjoy the roaring Twenties.”

The 55+ BC Games are presented on an annual basis in different host cities by the BC Seniors Games Society (BCSGS). The 55+ BC Games were previously held in Richmond in 2009 where they hosted over 3,800 participants. The 55+ BC Games are an important part of the BC sport system and the largest annual multi-sport gathering event in the province. The Games offer the opportunity to celebrate sport and active living with other participants from across the province and experience the hospitality of the Host City.

“The 55+ BC Games is a fantastic event that gives older adults the chance to get together and compete against people in their age class,” said Lisa Beare, Minister of Tourism, Arts and Culture. “I’m proud our government supports these Games, which inspire people to pursue life-long physical activity. With thousands of participants and spectators, the Games will also bring great tourism and economic benefits to the City of Richmond.”



Each year the Games attract approximately 3,600 participants and require approximately 1,200 volunteers to stage and deliver the Games in the Host Community.

Participant registration for the Richmond 2020 55+ BC Games will open March 1, 2020. For more information about the 55+ BC Games, visit [www.55plusbcgames.org](http://www.55plusbcgames.org).

If you are interested in helping to bring the Games to Richmond as a volunteer, please visit the Volunteer information page at [www.55plusbcgames.org/richmond2020/richmond-volunteer](http://www.55plusbcgames.org/richmond2020/richmond-volunteer)

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Website: <https://www.55plusbcgames.org>  
Images: <https://bit.ly/2SkBs5Y>  
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