

# **To The Point**

Your Monthly BC Archery Newsletter

# 2024 BC ARCHERY PROVINCIAL TOURNAMENT



MARCH

BC INDOOR CHAMPIONSHIPS

29-31

Hosted by Maple Ridge Archery Club Registration to open Jan 2024

JUNE

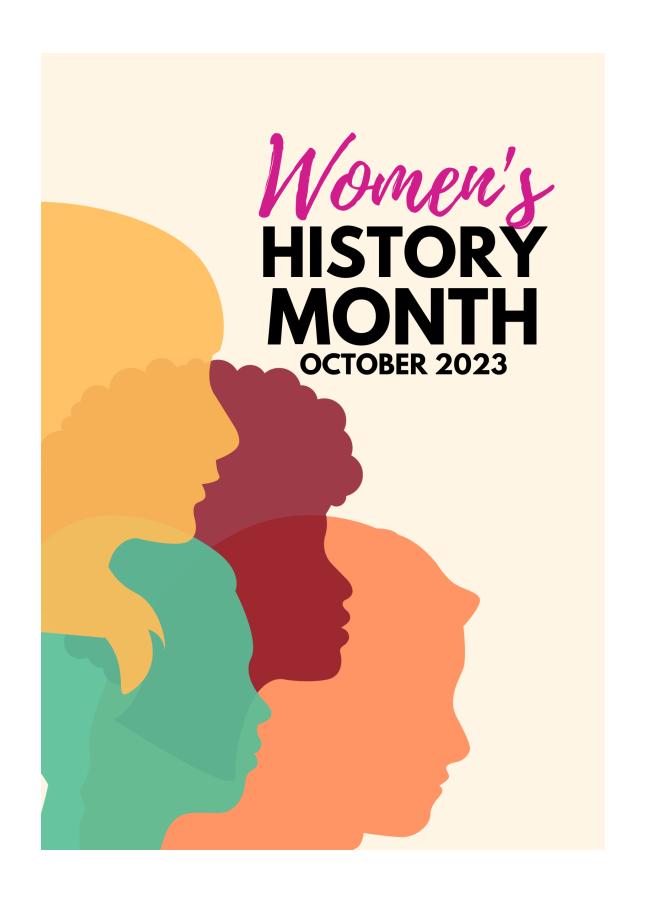
BC 3D CHAMPIONSHIPS

Hosted by Quesnel River Archers
Registration to open Apr 2024

AUG 31-SEPT 1 BC OUTDOOR CHAMPIONSHIPS

Hosted by Silvertip Archers (Prince George) Registration to open June 2024

Big thankyou to these clubs for taking on the task of hosting these provincial events for us!



"October marks the beginning of <u>Women's History Month in Canada</u>, a time to honour and celebrate the countless contributions of women throughout history. In the context of British Columbia's amateur sport scene, we have witnessed many inspiring women who have broken barriers, shattered stereotypes, and paved the way for future generations of female athletes, sport organization executives, coaches, and volunteers. These remarkable women have excelled in their respective sports and played a vital role in promoting gender equality and empowerment."- Viasport BC



For Woman's History month BC Archery would like to headline one very special lady, Sonia Schina. Sonia was featured in a ViaSport article this month for her dedication and role modeling for women in sport, and specifically archery!



Beyond aiming for bullseyes in tournaments, Sonia Schina has made a habit of hitting volunteer targets.

Sonia's journey in sport started later in her life. In her 30s she found herself in a challenging place, questioning her direction, goals, and future, but "Sport gave me back my confidence. I grew in my sport and made a bunch of new friends. My dreams and abilities had always been questioned, but by participating at my local club, then eventually on a National Team, I can honestly say I trust and respect my knowledge and abilities."

When Sonia first started competing at club tournaments, she stepped up to help her instructors organize and run the events. She noticed the same few people always do the work and wanted to join the action.

"I'm not one to sit idly by and watch other people do the work," says Sonia. "I believe that if you think things can be done better, you need to step up and prove it. So, here I am."

Sonia's extra involvement in events launched her volunteering journey. She began by taking a position on her club board, which led to her becoming the President for several years. As she started competing nationally and internationally, Sonia supplemented her training with volunteer shifts at <a href="Archery Canada">Archery Canada</a> and <a href="BC Archery">BC Archery</a>. The role with BC Archery eventually turned into the Executive Director position, where she stayed for six years.

"By being a female sport administrator and a mature female athlete, I hope that I'm portraying possibilities to other women and girls."

For the full article please visit: <a href="https://viasport.ca/news/womenshistorymonth-with-sonia-schina-hitting-the-volunteer-bullseye/">https://viasport.ca/news/womenshistorymonth-with-sonia-schina-hitting-the-volunteer-bullseye/</a>



#### Canadian Sport Institute/Pacific Sport Targeted Athlete

#### **Program**

This program is aimed at athletes and coaches who are progressing through the Podium Pathway, and provides benefits and support from partnerships with CSI and Pacific Sport.

The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC. Targeted athletes are nominated by BC Archery based on the athlete criteria.

Applications are due November 15th 2023 https://bcarchery.ca/athlete-information



2024 Membership is now open for renewal (& New)!

2024 rates have increased, however, if you renew by January 31st you can take advantage of a discount.

Renew your memberships on bcarchery.ca



**CLICK HERE for 2024 BC Archery Memberships** 



Archery Canada Announces Santiago 2023 Pan American
Games team!

Two BC Athletes named as alternates for the Pan Am Games!

#### **Alternate Athletes:**

Eleanor Brug (Vancouver, B.C.) Brian Maxwell (Burnaby, B.C.)

#### Recurve:

Stephanie Barrett (Newmarket, Ont.)
Virginie Chénier (Laval, Que.)
Crispin Duenas (Scarborough, Ont.)
Amelia Gagne (Peterborough, Ont.)
Eric Peters (Kitchener, Ont.)

### Brandon Xuereb (Laval, Que..)

# **Compound:**

Andrew Fagan (Baltimore, Ont.)
Tristan Moran (Prince Albert, Sask.)

### **Coaches:**

Ron Van der Hoff – National Team Advisor & Team Leader Duncan Crawford – Compound Team Coach

This is an incredible opportunity for these athletes! BC Archery would like to extend huge congratulations to everyone!



# **ATTENTION!**

Athletes born in 2007,
2008 or 2009!
Do you shoot a
compound, recurve or
barebow?!



All BC Winter Games trial dates have been posted onto our website!

To find out information about your Zone trials please visit this link!

https://bcarchery.ca/bc



Each month the newsletter will highlight an Archery Club from BC! This month is SOSA from Oliver, BC!



The third club that we are featuring in our monthly newsletter is SOSA – South Okanagan Sportsmen Association in beautiful Oliver, BC.

The South Okanagan Sportsmen Association was founded in 1942. They are an all-around outdoors club offering ranges for shotguns, rifles, and handguns and of course for archery too, for which they offer a target range, and 3D flat range and a certified Field range. Those of you who came to the BC Outdoor Championships this year (or even last year) can attest to their fantastic field archery course.

During the autumn and winter months they are also shooting twice a week indoors in a hangar that is shared with the Royal Canadian Air Cadets. SOSA has certified coaches that work with youths in the JOP program.

For more information about their club, please look up their website.

1 IN 3 CANADIAN
KIDS CAN'T
AFFORD TO PLAY
ORGANIZED
SPORT. WE'RE
HERE TO
CHANGE THAT.



# Kidsport pays. Kids play.

Through a confidential application process, KidSport provides funding for kids from families that need financial support to help cover the cost of sport registration fees.

If finances are tight right now, and you (or someone you know) could use a little help to pay for registration fees this fall, find your local chapter at <a href="kidsport.ca">kidsport.ca</a> to apply. If you don't see a chapter listed for your community, funding is available through our BC Provincial Fund.

## Focus-Aim-Release!

As with any sport, athletes training to compete at the High Performance level will dedicate hours every day training, and will shoot 1000s of arrows each year. However, in archery, you can go at your own pace and enjoy the sport for the sake of your own enjoyment. It's addictive, trust us!

Casual archers make up the bulk of those who participate across Canada- and worldwide. With an introductory course, or some basic tips on the range you will be hitting the target in no time. More advanced aspects of the sport, however, can take years to master.



# **Become a BC Archery Ambassador!**

Are you passionate about archery and eager to share your knowledge and skills with others? BC Archery is searching for dedicated volunteers to become Archery Ambassadors. Join us in promoting the sport we love and making a positive impact on the archery community!

As a BC Archery Ambassador, you will have the exciting opportunity to represent our organization at tournaments and events throughout British Columbia. Your role will involve answering questions about archery, offering guidance and support to new archers, and showcasing the excitement of this sport.

For more information, email <a href="mailto:execdirector@bcarchery.ca">execdirector@bcarchery.ca</a>.



