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To The Point

Your Monthly BC Archery Newsletter

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Our First Hall of Fame Inductee

Helena Myllyniemi has been inducted into the BC Archery Hall of Fame, the first-ever inductee in the history of the association.

Helena started her archery journey in 1960. She joined the Seaview Archery Club (now Victoria Bowmen) in 1976, and is a fully certified Level 3 coach under the old NCCP system, and a Certified and Trained Instruction of Intermediate Archers under the new system.

Helena has had a distinguished coaching career, having coached a Pan American Games team (team bronze medal, Indianapolis, Indiana, USA), and two World Field Teams (one in which Canada won a gold medal and the other silver). She has coached two archery Olympians and countless BC and Canadian champions. She also coached two athletes to gold medals in the Invictus Games. As a National Coach, she served on the first National Coaching Staff starting in 1985, and has hosted a number of clinics across BC and Western Canada.

She was also active in the administration of the sport, serving as the Secretary of BC Archery from 1979 to 1980, and the Secretary-Treasurer and Treasurer of the Victoria Bowmen for more than 45 years. She was part of the delegation to the 1995 World Championships in Jakarta, Indonesia, in preparation for her appointment as Director of Shooting at the 1997 World Championships. She has served on the organizing committee of 6 Canadian Championships, and taught the archery credit program at the University of Victoria from 1981 to 1994.

Helena has been recognized for her contributions to the sport, receiving the Federation of

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Bowmen.

As an athlete, she has won medals in many Canadian, BC and Club Championships, most recently winning a silver at the 2022 55+ Games in Victoria.

Where Helena truly shines, however, is in her ability to introduce the sport to new archers. She teaches archery three times a week to beginner archers with the Victoria Bowmen's archery teaching program at Saanich Commonwealth Place. She has taught hundreds of young people and their parents, and is involved in Victoria Bowmen's JOP Program.

BC Archery is proud to induct **Helena Myllyniemi** into the Hall of Fame. Her commitment to archery for more than four decades will have a lasting impact for years to come.

Congratulations to Helena Myllyniemi on this well-deserved honour!

BC Archery is proud to announce the winners of our 2022 awards.

The **SOSA Archers** have been awarded the **Event of the Year** for their outstanding organization and execution of the BC Outdoor Championships this past Labour Day weekend. The championships, which took place in Oliver, brought together archers from all over the province and showcased an outstanding field course. SOSA's dedication and hard work were evident in every aspect of the competition and we are grateful for their contributions to the sport.

We are excited to announce that Liam Bennett has won the Rising Star Award for youth athletes under 18. This award recognizes the most outstanding achievements in provincial, national and/or international events in the calendar year. Liam shot in the Nationals, made the Pan Am Junior and was the first alternate on the recurve mens' Canada Winter Games team.

Finally, we would like to extend our congratulations to **Starr Archery** for winning the **Merit Award**. This award is given to a club or organization which has made an outstanding contribution to archery in general. Starr Archery, located in Abbotsford, prioritizes safety and inclusivity, and has a history of successfully running both indoor and



Presented to

SOSA Archers, Liam Bennett, Starr Archery

For outstanding achievement in archery.



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sarety and oπers a positive, inclusive, and informative club environment.

Congratulations to all the winners and than you for your contributions to the sport of archery in BC!



JOP Olympians					
December 2022					
Club Name	*	Archer	*	Scores	T
Silvertip Archers		Kayla Wiebe		260/265	
Silvertip Archers		Erin Wiebe		260	
Silvertip Archers		Oliver Naphta	ali	Oly &250	
Silvertip Archers		Logan Elias 265			
Kelowna Fish & Game Clu	b	Michaela Prior Olympia		1	

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Athlete Representative: Gabrielle Courtorielle

Did you know that as an archer in British Columbia, you have a voice through BC Archery's Athlete Representative? **Gabrielle Courtorielle** represents archers from across the province to make sure that what athletes want and need is heard by BC Archery's board of directors and decision-makers. Feel free to send Gabrielle an email if you have any questions, comments or concerns at athlete-rep@bcarchery.ca.

What inspired you to start competing in archery, and how long have you been involved in the sport?

I started archery at the age of 14. My stepdad had competed at nationals and introduced the sport to me at our local club in Nanoose on Vancouver Island, Arrowsmith Archers. I was also inspired by the traditional form of archery based on an anime I had seen.

Can you discuss any challenges you've faced while learning and practicing archery?

Some challenges I have faced is finding the time to balance practice and competing during my university degree. I find it's important to keep up your practice but I also learned that it's ok to take a step back from competing and get back into it when your studies are your priority.

One of my biggest challenges during a tournament is target panic. I find that I always get nervous and psych myself out during the competition, but I learned it takes time, patience, and practice with yourself to know that others are only looking at their own targets and not yours.

How does being an archer and athlete influence your role as Athlete Representative for BC Archery?

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the athletes in BC Archery. In the past, I have been in two different university archery clubs with many upcoming athletes that want their voices to be heard, and after hearing this I wanted to help improve archery for not just the new athletes, but for those who have the experience, and have the knowledge of archery and want to see new changes as they move forward and progress in the sport.



Registration Open for the BC Indoor Championships

Get ready to aim for gold at the upcoming <u>BC Provincial Indoor Championships</u>, hosted by **Quesnel River Archers**!

Registration is now live for this highly anticipated event, which will feature the 18m round held twice, with one round on Saturday and one round on Sunday. The registration deadline is March 24th, or until we reach the max of 125 registrants.

Eligibility Criteria: In order to compete in a BC Archery event, you must be a resident of BC and a member of BC Archery. If you're not a resident of BC, you can still participate by registering in the Guest category as a registrant of Archery Canada.

Don't miss out on this opportunity to showcase your skills on the range and join us for a fun-filled weekend of competition. Happy shooting!

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Upcoming Instructor of Beginner Archers Clinic

We are excited to announce an **Instructor of Beginner Archers** Clinic taking place on **March 4th and 5th**, 2023 in Oliver, BC. This course will provide an in-depth introduction to the principles and techniques of instructing and training archers.

With only 12 spots available, this is a great opportunity to gain valuable knowledge and skills in archery instruction. Don't miss out! Register by February 24th to secure your spot!



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•

Purchase one or more for yourself. Need ideas? These make great gifts for Mother's Day, new parents that are short on time, end-of-year teacher's gifts, or to anyone that will appreciate saving time and eating healthy.

Scan the QR Code to order.

Fundraiser to Support BC Winter Games Athletes

The next BC Winter Games is just around the corner! Quesnel will be hosting the event from February 22-25, 2024, and the games are open to athletes born in 2007, 2008 and 2009.

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ror every Epicure weekend Dinner Collection pox soid, \$10 will be snared among the athletes named to the 2024 Games team. Not only will you be supporting our athletes, but you will also be supporting a local business, Epicure, based in North Saanich.

Epicure uses ethically-sourced ingredients, is sugar and sodium conscious, gluten-free, and has no artificial colours, sweeteners, or preservatives. By purchasing an Epicure box, you can help reduce registration fees for our athletes and enjoy delicious meals at the same time.

Boxes will be distributed at the championship events to avoid shipping charges and ensure that all funds raised go to the athletes. The funds will be distributed evenly among all athletes selected to compete. Help us reach our goal and support our BC Winter Games athletes by purchasing an Epicure box today.

Click here to place your order and support our athletes.

If you are an Epicure consultant and your child is a BC Archery member, please contact bcwg-pa@bcarchery.ca.



Six Month Countdown to NAIG 2023

Are you ready to showcase your skills and represent Team BC at the North American Indigenous Games (NAIG) in Halifax, Nova Scotia? Registration for the Games is now open for 3D Archery in both male and female individual events for 16U and 19U. The deadline for registration is February 28. This is a great opportunity for Indigenous youth to showcase their skills, connect with other athletes from across North America and be part of Team BC.

Registration Information

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Call for Judges/Officials

Are you interested in being an official at the BC Indoor, 3D or BC Outdoor Championships? Are you a Judge Candidate looking to get certified? Or a Target Official wanting to expand your certification to include 3D?

Send an email to our <u>Judge Chair</u> expressing your interest. Include your name, contact information, and the event for which you wish to be considered. Details will be forwarded upon selection.

Event details can be found on our events page.



Congratulations

Congratulations to **Jordan Adachi** and **Alex Ignatius** on being named to the National Squad for the Compound Target Team by Archery Canada for 2023!

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Membership Renewals

It's time to renew your BC Archery membership! Individuals or families can find information on how to join BC Archery on our website.

Clubs wishing to affiliate with BC Archery for 2023 can find detailed information and a helpful checklist on our <u>club resources</u> page. Affiliation requests will be processed once we receive all you documentation. (This may affect your ability to obtain a Certificate of Insurance, if required.)

EVENTS

Get more details on these events at the CALENDAR OF EVENTS page on our website.



Upcoming BC Events

Canada Winter Games - Charlottetown, PEI February 18 - March 5, 2023 See our CWG page for details

Instructor of Beginner Archers Clinic

March 4 - 5, 2023 5856 Cessna Street (Air Cadet Hanger), Oliver, BC Registration deadline is February 24. Only 12 spots available. Register here

BC Winter Games - Vernon (postponed from 2022) March 23 - 26, 2023 See our <u>BCWG page</u> for details

BC Provincial Indoor Championships - Quesnel, BC April 7 - 9, 2023

<u>Register here</u>. <u>Event Poster and Information</u>.

Hosted by Quesnel River Archers

JOP Provincial Indoor Championships Maple Ridge, Prince George, Victoria April 16, 2023

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BC Provincial 3D Championships - Kamloops, BC

June 17 - 18, 2023 Hosted by Kamloops Target Sports Association

JOP Provincial Outdoor Championships

Burnaby, Quesnel June 25, 2023 Hosted by Burnaby Archers, Quesnel River Archers

North American Indigenous Games

July 15 - 23, 2023

Location: Kjipuktuk (Halifax), Dartmouth, Millbrook First Nation <u>3D Archery Registration Information</u>. Deadline: February 28, 2023

Archery Canada 3D Nationals (Outdoor)

August 4 - 7, 2023 Hosted by Cranbrook Archery Club

Archery Canada Target & Field Nationals (Outdoor)

August 8 - 13, 2023 Hosted by Victoria Bowmen -Details to be posted closer to the event

55+ Games - Abbotsford

August 22 - 26, 2023

BC Provincial Outdoor Championships - Oliver, BC

September 1 - 3, 2023 Hosted by SOSA Archers - Southern Okanagan Sportsmen's Association





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