Longbow Rules Interpretations

Revision 10-Mar-2024

	Description	Year
1	Bk4 Art 22.5.6.1 Bamboo arrows on longbow	2019
2	Bk4 Art23.1 Kneeling	2019

Book 4, Chapter 22, Article 22.5.6.1

The Swedish Archery Federation has requested an interpretation as to whether arrows constructed of bamboo are permitted in the Longbow division of World Archery.

The Constitution and Rules Committee ("C&R") finds the question presented to be within the terms of reference of the Technical Committee.

C&R has determined that the following interpretation is not contrary to the existing rules or Congress decisions.

Response from the Technical Committee:

Bamboo may be considered the same as wood in the Longbow division of World Archery. The Technical Committee sees no advantage in using bamboo arrows over wooden arrows and are therefore allowed to be used in the Longbow Division. Both are natural materials that grow in nature and have been traditionally used in the practice of archery for hundreds of years.

World Archery Technical Committee, 12 August 2019
Approved by the World Archery C&R Committee, 14 August 2019

Book 4, Chapter 23, Article 23.1

The Field and 3D Archery Committee has requested an interpretation as to what constitutes kneeling as permitted under Article 23.1.

The Constitution and Rules Committee ("C&R") finds the question presented to be within the terms of reference of C&R.

C&R has determined that the following interpretation is not contrary to the existing rules or Congress decisions.

Response from C&R:

C&R has concluded that kneeling is an act where one or both knees are on the ground but the athlete's weight is not being supported by sitting or resting on his or her feet, heels, or legs. Kneeling is not intended to allow the athlete to have additional stability by supporting his or her weight on legs, feet or heels.

Applying this analysis to the pictures below:

Image 1 – legal

Image 2 – not legal since weight is on legs and heels

Image 3 – not legal since weight is on legs and feet

Image 4 – legal

Image 5 - legal if athlete is not resting on the back of left leg, heel or foot.

Constitution and Rules Committee, 19 March 2019

Image 1



Image 2



Image 3



Image 4



Image 5

